

Jamie Elena Seals

San Francisco, CA | (925) 357-7737 | Jamieseals.mft@gmail.com | linkedin.com/in/jamieseals

PROFESSIONAL SUMMARY

Rising Marriage and Family Therapist with experience providing school-based individual counseling services to adolescents with Individualized Education Programs (IEPs). Trained in trauma-informed and culturally responsive approaches, with a strong foundation in clinical documentation, interdisciplinary collaboration, and ethical practice. Seeking an Associate MFT position to continue developing as a thoughtful, client-centered clinician under supervision.

EDUCATION

Master of Arts, Clinical Psychology with an Emphasis in Marriage and Family Therapy

Pepperdine University, Graduate School of Education and Psychology

Expected September 2026

- Cumulative GPA: 3.9

Bachelor of Arts, Applied Linguistics

Minor, Education Studies

University of California, Los Angeles

March 2023

- Cumulative GPA: 3.65

EXPERIENCE

Marriage and Family Therapy Intern

October 2025 – Present

Acalanes Unified School District – Moraga, CA

- Provide individual counseling services to adolescents with IEPs within a school-based mental health setting, addressing emotional and behavioral concerns using developmentally informed and client-centered approaches.
- Establish therapeutic rapport with adolescent clients while supporting emotional regulation, coping skills, and interpersonal functioning.
- Conceptualize client concerns through a relational and contextual lens, integrating family, school, and social dynamics into treatment planning.
- Collaborate with caregivers and interdisciplinary professionals to support continuity of care and treatment goals.
- Maintain accurate clinical documentation and actively engage in supervision and case consultation in accordance with ethical and confidentiality standards.

Patient Service Specialist

Select Physical Therapy – San Francisco, CA

October 2023 – November 2025

- Serve as the primary point of contact for patients, managing high-volume communication, scheduling, and care coordination within a healthcare setting.
- Coordinate insurance verification, billing processes, and documentation while maintaining compliance with confidentiality and professional standards.

Guest Service Agent

UCLA Guesthouse – Los Angeles, CA

November 2022 – August 2023

- Provided professional, client-facing support in a fast-paced environment, addressing guest needs with discretion, empathy, and effective communication.
- Collaborated with multiple departments to ensure smooth operations, timely problem resolution, and high-quality service delivery.

VOLUNTEER WORK

Tutor

Step Up Tutoring – Los Angeles, CA

December 2021 – June 2022

- Tutored elementary-age children weekly in multiple subjects and helped with homework, test preparation, and general questions.
- Specifically worked with families from underserved communities.
- Helped children transition back into in-person learning following the COVID-19 pandemic.

Horse Handler

Xenophon Therapeutic Riding Center – Orinda, CA

July 2015 – August 2019

- Conducted various equine therapies for adolescents with physical and developmental disabilities.
- Inspected, prepared, cleaned, and maintained the facility.
- Scheduled and coordinated lesson plans.

SKILLS

- *Technical Skills:* Microsoft Office Suite, Google Workspace, Zoom, Billing
- *Clinical Skills:* Critical Thinking, Problem Solving, Adaptability, Time Management, Self-Sufficiency.